Cold Smoked Polish Sausage

BBQHQ.net



Recipe scaled per Kilogram of meat – adjust for your quantity (For example – 3.6 Kg meat = multiply by 3.6)

Ingredients

- 1 Kg Pork Shoulder (with some fat remaining)
- 26 g Coarse Salt
- 4.5g Cure #2 (my Ebay Store follow directions for other brands)
- 2 g Ground White Pepper
- 2.5 g Sugar
- 3.5 g Fresh Garlic Minced (1 Clove)
- 1 g Marjoram or Oregano

Instructions

- 1. Cut the pork into 2 cm cubes.
- 2. Mix all of the other ingredients together; spread across the meat chunks and mix well.
- 3. Chill overnight in the fridge.
- 4. Next day sort the leaner meat from the fattier chunks. Separate in bags or bowls.
- 5. Chill in freezer till almost solid.
- 6. Mince the leaner meat through a 10 mm plate, the fattier chunks through 5 mm plate.
- 7. Stuff into 32-36 mm or similar Hog casings (links 30 cm long) or suitable Fibrous (70 mm).
- 8. Refrigerate for 24 hours @ 4 C and approx. 85-90% humidity I wrapped them in a couple of sheets greaseproof paper. Record the wet weight.
- 9. Next day hang in smokehouse, 20 25C <u>no smoke</u> until casings are dry to touch.
- 10. Apply thin cold smoke 20 22C @ 75-85% humidity (I could only get down to 28C) smoke for 1 2 days.
- 11. Dry at 10-12C and 75-85% humidity until weight reaches 87% of original.
- 12. Store in fridge or vacuum seal and freeze.